

Lymm Leisure Centre Gym Timetable

Monday

07:30-08:15	Public
09:30-10:15	Public
10:45-11:30	Public
13:30-14:15	Public
16:30-17:15	Public
17:30-18:15	Public
19:30-20:15	Public
20:30-21:15	Public

Tuesday

07:30-08:15	Public
09:30-10:15	Public
10:45-11:30	Public
13:30-14:15	Public
16:30-17:15	Public
17:30-18:15	Public
19:30-20:15	Public
20:30-21:15	Public

Wednesday

07:30-08:15	Public
09:30-10:15	Public
10:45-11:30	Public
13:30-14:15	Public
16:30-17:15	Public
17:30-18:15	Public
19:30-20:15	Public
20:30-21:15	Public

Thursday

07:30-08:15	Public
09:30-10:15	Public
16:30-17:15	Public
17:30-18:15	Public
19:30-20:15	Public
20:30-21:15	Public

Friday

07:30-8:15	Public
09:30-10:15	Public
10:45-11:30	Public
13:30-14:15	Public
16:30-17:15	Public
17:30-18:15	Public
19:30-20:15	Public

Saturday

09:30-10:15	Public
10:30-11:15	Public
11:30-12:15	Public
13:30-14:15	Public
14:30-15:15	Public
15:30-16:15	Public

Sunday

09:30-10:15	Public
10:30-11:15	Public
11:30-12:15	Public
13:30-14:15	Public
14:30-15:15	Public
15:30-16:15	Public

All Sessions must be pre-booked

Call to book on 01925 758316 (if we don't answer leave a voicemail)

Lymm Leisure Centre
Oughtrington Lane
Lymm
Cheshire
WA13 0RB