

# LYMM LEISURE CENTRE

## Swimming Scheme Timetable

Week commencing Monday 14<sup>th</sup> October 2019 – Block 5



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	14/10/19	15/10/19	16/10/19	17/10/19	18/10/19	19/10/19
2	21/10/19	22/10/19	23/10/19	24/10/19	25/10/19	26/10/19
3	28/10/19	29/10/19	30/10/19	31/10/19	01/11/19	02/11/19
4	04/11/19	05/11/19	06/11/19	07/11/19	08/11/19	09/11/19
5	11/11/19	12/11/19	13/11/19	14/11/19	15/11/19	16/11/19
6	18/11/19	19/11/19	20/11/19	21/11/19	22/11/19	23/11/19
7	25/11/19	26/11/19	27/11/19	28/11/19	29/11/19	30/11/19
8	02/12/19	03/12/19	04/12/19	05/12/19	06/12/19	07/12/19
9	09/12/19	10/12/19	11/12/19	12/12/19	13/12/19	14/12/19
10	16/12/19	17/12/19	18/12/19	19/12/19	20/12/19	21/12/19

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>MONDAY</b>	16:00	Stage 1/2 Mira (Alisha in water) S111	Stage 4B Jenna S4B2	Stage 2 Jess ST2
	16:30	Stage 1/2 Mira (Alisha in water) ST15	Stage 5 Jenna S5	Stage 3 Jess S3
	17:00	Ducklings Mira (Alisha in water) D2	Stage 6 Jenna S6	Stage 4A Jess S4A2
	17:30	Stage 1/2 Mira (Alisha in water) ST11	Stage 3 Jenna S3/MON	Stage 5 Jess S5/1
	18:00	Stage 1/2 Mira (Alisha in water) ST266	Stage 7 Jenna S7	Stage 4A Jess S4A3

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>TUESDAY</b>	16:30	Stage 1/2 Nancy (Lottie in water) S1TU	Stage 5 Jenna S5TU	Stage 4B Rick ST4B6
	17:00	Ducklings Nancy (Lottie in water) D21	Stage 3 Jenna S3/2	Stage 4A Rick S4A4
	17:30	Stage 1/2 Nancy (Lottie in water) ST1	Stage 5 Jenna S5/2	Stage 4A Rick S4ATU
	18:00	-	Stage 8/Advanced Jenna & Nancy S8/ADV2	Stage 7 Rick S7TU
	18:30		Adults Nancy & Rick	

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>WEDNESDAY</b>	16:30	Stage 1/2 Jess (Alisha in water) <small>ST16</small>	Stage 4B Trish <small>S4BW</small>	Stage 3 Jenna <small>S3/3</small>
	17:00	Stage 1/2 Jess (Alisha in water) <small>ST288</small>	Stage 4B Trish <small>S4BW1</small>	Stage 6 Jenna <small>S6/2</small>
	17:30	Stage 3 Jess (Alisha in water) <small>S3/4</small>	Stage 5 Trish <small>S5/3</small>	Stage 4A Jenna <small>S4A1</small>
	18:00	Stage 1/2 Jess (Alisha in Water) <small>S1WE3</small>	Stage 6 Trish <small>S6/3</small>	Stage 4A Jenna <small>S4WE</small>
	18:30		Stage 4B Trish <small>SBWE</small>	Stage 8/Advanced Jenna & Jess <small>S8/ADV&amp;ST8W2</small>

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>THURSDAY</b>	16:30	Ducklings Marcus (Alex in water) <small>D33</small>	Stage 4B Trish <small>S4B3</small>	Stage 4A Jenna <small>S4ATH</small>
	17:00	Stage 1/2 Marcus (Alex in water) <small>S1TH</small>	Stage 4A Trish <small>S4A5</small>	Stage 2 Jenna <small>ST23</small>
	17:30	Stage 1/2 Marcus (Alex in water) <small>ST1/22</small>	Stage 3 Trish <small>S3/7</small>	Stage 5 Jenna <small>S5/5</small>
	18:00	Stage 1/2 Marcus (Alex in water) <small>ST12/7</small>	Stage 5 Trish <small>S5/6</small>	Stage 3 Jenna <small>S3TH2</small>
	18:30	Stage 1/2 Marcus (Alex in water) <small>S1TH2</small>	Stage 6 Trish <small>S6/4</small>	Stage 7 Jenna <small>S7/2</small>
	19:00	Rookie Lifeguard Bronze Nancy & Ruth <small>RKL</small>		
	19:30	Rookie Lifeguard Silver/Gold (1 hour) Nancy & Ruth <small>RLSG</small>		

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>FRIDAY</b>	15:30	Ducklings Jess (Mira in water) <small>D5</small>	Stage 1 Trish <small>S1F1</small>	Stage 2 Lottie <small>ST210</small>
	16:00	Stage 1/2 Jess (Mira in water) <small>ST299</small>	Stage 4B Trish <small>S44</small>	Stage 3 Lottie <small>S3/9</small>
	18:00	Swim Club Jess		

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>SATURDAY</b>	9:00	Stage 1/2 Nancy (Rebecca in water) <small>S129</small>	Stage 3 Alex <small>S3SA1</small>	Stage 2 Rick <small>ST24</small>
	9:30	Stage 1/2 Nancy (Rebecca in water) <small>ST13</small>	Stage 5 Alex <small>S511</small>	Stage 3 Rick <small>S3/11</small>
	10:00	Ducklings Nancy (Rebecca in water) <small>D7</small>	Stage 2 Alex <small>ST25</small>	Stage 4B Rick <small>S4BS</small>
	10:30	Stage 1/2 Nancy (Rebecca in water) <small>ST14</small>	Stage 4A Alex <small>ST4A6</small>	Stage 5 Rick <small>S5SA</small>
	11:00	Ducklings Nancy (Rebecca in water) <small>D8</small>	Stage 2 Alex <small>S2SA</small>	Stage 3 Rick <small>S3SA2</small>
	11:30	Stage 1/2 Nancy (Rebecca in water) <small>ST1/4</small>	Stage 4B Alex <small>S4BS2</small>	Stage 4A Rick <small>S4AS</small>

