

# LYMM LEISURE CENTRE

## Swimming Scheme Timetable

Week commencing Monday 5<sup>th</sup> August 2019 – Block 4



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	05/08/19	06/08/19	07/08/19	08/08/19	09/08/19	10/08/19
2	12/08/19	13/08/19	14/08/19	15/08/19	16/08/19	17/08/19
3	19/08/19	20/08/19	21/08/19	22/08/19	23/08/19	24/08/19
4	<b>BANK HOL</b> <b>26/08/19</b>	27/08/19	28/08/19	29/08/19	30/08/19	31/08/19
5	02/09/19	03/09/19	04/09/19	05/09/19	06/09/19	07/09/19
6	09/09/19	10/09/19	11/09/19	12/09/19	13/09/19	14/09/19
7	16/09/19	17/09/19	18/09/19	19/09/19	20/09/19	21/09/19
8	23/09/19	24/09/19	25/09/19	26/09/19	27/09/19	28/09/19
9	30/09/19	01/10/19	02/10/19	03/10/19	04/10/19	05/10/19
10	07/10/19	08/10/19	09/10/19	10/10/19	11/10/19	12/10/19

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>MONDAY</b>	16:00	Stage 1/2 Mira ( Alisha in water) S111	Stage 4B Jenna S4B2	Stage 2 Jess ST2
	16:30	Stage 1/2 Mira ( Alisha in water) ST15	Stage 5 Jenna S5	Stage 3 Jess S3
	17:00	Ducklings Mira ( Alisha in water) D2	Stage 6 Jenna S6	Stage 4A Jess S4A2
	17:30	Stage 1/2 Mira ( Alisha in water) ST11	Stage 3 Jenna S3/MON	Stage 5 Jess S5/1
	18:00	Stage 1/2 Mira ( Alisha in water) ST266	Stage 7 Jenna S7	Stage 4A Jess S4A3

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>TUESDAY</b>	16:30	Stage 1/2 Nancy ( Lottie in water) S1TU	Stage 5 Jenna S5TU	Stage 4B Rick ST4B6
	17:00	Ducklings Nancy ( Lottie in water) D21	Stage 3 Jenna S3/2	Stage 4A Rick S4A4
	17:30	Stage 1/2 Nancy ( Lottie in water) ST1	Stage 5 Jenna S5/2	Stage 4A Rick S4ATU
	18:00	-	Stage 8/Advanced Jenna & Nancy S8/ADV2	Stage 7 Rick S7TU
	18:30		Adults Nancy & Rick	
	19:30 – 20:30		Swim Fit - Ruth	

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>WEDNESDAY</b>	16:30	Stage 1/2 Jess ( Alisha in water) <small>ST16</small>	Stage 4B Trish <small>S4BW</small>	Stage 3 Jenna <small>S3/3</small>
	17:00	Stage 1/2 Jess ( Alisha in water) <small>ST288</small>	Stage 4B Trish <small>S4BW1</small>	Stage 6 Jenna <small>S6/2</small>
	17:30	Stage 3 Jess ( Alisha in water) <small>S3/4</small>	Stage 5 Trish <small>S5/3</small>	Stage 4A Jenna <small>S4A1</small>
	18:00	Stage 1/2 Jess ( Alisha in Water) <small>S1WE3</small>	Stage 6 Trish <small>S6/3</small>	Stage 4A Jenna <small>S4WE</small>
	18:30		Stage 4B Trish <small>SBWE</small>	Stage 8/Advanced Jenna & Jess <small>S8/ADV&amp;ST8W2</small>

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>THURSDAY</b>	16:30	Ducklings Charlotte (Marcus in water) <small>D33</small>	Stage 4B Trish <small>S4B3</small>	Stage 4A Jenna <small>S4ATH</small>
	17:00	Stage 1/2 Charlotte (Marcus in water) <small>S1TH</small>	Stage 4A Trish <small>S4A5</small>	Stage 2 Jenna <small>ST23</small>
	17:30	Stage 1/ 2 Charlotte (Marcus in water) <small>ST1/22</small>	Stage 3 Trish <small>S3/7</small>	Stage 5 Jenna <small>S5/5</small>
	18:00	Stage 1/2 Charlotte (Marcus in water) <small>ST12/7</small>	Stage 5 Trish <small>S5/6</small>	Stage 3 Jenna <small>S3TH2</small>
	18:30	Stage 1/2 Charlotte <small>S1TH2</small>	Stage 6 Trish <small>S6/4</small>	Stage 7 Jenna <small>S7/2</small>
	19:00	Rookie Lifeguard Bronze Jenna & Ruth <small>RKL</small>		
	19:30	Rookie Lifeguard Silver/Gold (1 hour) Jenna & Ruth <small>RLSG</small>		

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>FRIDAY</b>	15:30	Ducklings Jess ( Lottie in water) <small>D5</small>	Stage 1 Trish <small>S1F1</small>	Stage 2 Charlotte <small>ST210</small>
	16:00	Stage 1/2 Jess ( Lottie in water) <small>ST299</small>	Stage 4B Trish <small>S44</small>	Stage 3 Charlotte <small>S3/9</small>
	18:00	Swim Club Jess		

Day	Time	Shallow Class	Deep Class (A)	Deep Class (B)
<b>SATURDAY</b>	9:00	Stage 1/2 Nancy ( Alex in water) <small>S129</small>	Stage 3 Ashley <small>S3SA1</small>	Stage 2 Rick <small>ST24</small>
	9:30	Stage 1/2 Nancy ( Alex in water) <small>ST13</small>	Stage 5 Ashley <small>S511</small>	Stage 3 Rick <small>S3/11</small>
	10:00	Ducklings Nancy ( Alex in water) <small>D7</small>	Stage 2 Ashley <small>ST25</small>	Stage 4B Rick <small>S4BS</small>
	10:30	Stage 1/2 Nancy ( Alex in water) <small>ST14</small>	Stage 4A Ashley <small>ST4A6</small>	Stage 5 Rick <small>S5SA</small>
	11:00	Ducklings Nancy ( Alex in water) <small>D8</small>	Stage 2 Ashley <small>S2SA</small>	Stage 3 Rick <small>S3SA2</small>
	11:30	Stage 1/2 Nancy ( Alex in water) <small>ST1/4</small>	Stage 4B Ashley <small>S4BS2</small>	Stage 4A Rick <small>S4AS</small>